

Mexican Spaghetti

Yield: 4 min
Total Time: 36 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-spaghetti-recipe-w-o-taco-seasoning>

Ingredients:

- olive oil or cooking spray to brown ground beef
- ground beef
- onion
- taco seasoning 1.25-ounce package
- diced tomatoes & green chilies Ro*Tel® Mild, 10-ounce can
- tomato sauce 8-ounce can
- spaghetti
- shredded cheddar cheese
- Roma tomatoes
- fresh cilantro leaves
- cheddar cheese
- 1 tablespoon olive oil spray to brown ground beef
- 1 pound ground beef
- 1 onion chopped, about 1/2 cup
- 1 1/4 ounces taco seasoning
- 10 ounces diced tomatoes & green chilies Ro*Tel® Mild
- 8 ounces tomato sauce
- 8 ounces spaghetti
- 3 cups water
- 1/2 cup shredded cheddar cheese divided or more
- 2 Roma tomatoes diced
- 1/2 cup fresh cilantro leaves chopped
- 1/2 cup shredded cheddar cheese or more

Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 76 grams
3. Cholesterol: 115 milligrams
4. Fat: 40 grams

5. Fiber: 8 grams
 6. Protein: 43 grams
 7. SaturatedFat: 16 grams
 8. Sodium: 1270 milligrams
 9. Sugar: 15 grams
 10. TransFat: 1 grams
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