

Basic Sourdough Bread

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/sourdough-bread-recipe-india>

Ingredients:

- 1 cup sourdough starter “fed”
- 1 1/2 cups water warm filtered
- 6 cups bread flour or unbleached all-purpose
- 2 1/2 teaspoons salt

Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 157 grams
3. Fat: 4.5 grams
4. Fiber: 4 grams
5. Protein: 26 grams
6. Sodium: 1560 milligrams

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