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## Easy Mexican Sour Cream Dip

Yield: 4 min Total Time: 10 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-guacamole-recipe-with-sour-cream

## **Ingredients:**

- 16 ounces sour cream reduced fat is fine
- 1 teaspoon dried dill
- 2 dried parsley teasponns
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon kosher salt
- 1/2 cup salsa I like Herdez brand
- 1/2 cup Mexican cheese shredded
- tortilla chips for dipping

## **Nutrition:**

Calories: 330 calories
Carbohydrate: 11 grams
Cholesterol: 75 milligrams

4. Fat: 29 grams5. Fiber: 1 grams6. Protein: 7 grams

7. SaturatedFat: 17 grams8. Sodium: 790 milligrams

9. Sugar: 6 grams

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