

Sesame Snow Pea Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-snow-pea-recipe>

Ingredients:

- 4 cups snow peas fresh raw
- 1/4 cup sesame oil organic
- 1/4 cup sesame seeds I like using a mix of both black and white
- 1/4 cup scallions thinly sliced
- 2 tablespoons apple cider vinegar
- 2 teaspoons maple syrup
- 1/4 teaspoon sea salt adjust to taste
- 1/4 teaspoon ground white pepper
- 4 cups snow peas fresh raw
- 1/4 cup sesame oil organic
- 1/4 cup sesame seeds I like using a mix of both black and white
- 1/4 cup scallions thinly sliced
- 2 tablespoons apple cider vinegar
- 2 teaspoons maple syrup
- 1/4 teaspoon sea salt adjust to taste
- 1/4 teaspoon ground white pepper

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 26 grams
3. Fat: 36 grams
4. Fiber: 9 grams
5. Protein: 10 grams
6. SaturatedFat: 5 grams
7. Sodium: 310 milligrams
8. Sugar: 12 grams

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