

Kraft® Six-Layer Dip

Yield: 4 min

Total Time: 190 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-six-layer-dip-recipe>

Ingredients:

- 1 avocado ripe, cut in half, divided
- 250 grams philadelphia Brick Cream Cheese, softened
- 1 cup light sour cream
- 2 tablespoons 40% less sodium taco seasoning mix
- 3 tablespoons salsa
- 1 tomato small, chopped
- 3/4 cup shredded cheese Kraft Old Cheddar
- 2 green onions sliced

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 110 milligrams
4. Fat: 42 grams
5. Fiber: 4 grams
6. Protein: 13 grams
7. SaturatedFat: 22 grams
8. Sodium: 450 milligrams
9. Sugar: 4 grams

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