

Creamy Shrimp Enchiladas

Yield: 8 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-shrimp-enchiladas-recipe>

Ingredients:

- 8 flour tortillas 6-inch
- 2 tablespoons butter
- 1/2 cup red bell pepper diced finely
- 1/2 cup white onion diced finely
- 2 cloves garlic minced
- 1 pound shrimp peeled and deveined and chopped into 1 inch pieces
- 1/2 teaspoon salt
- 1 teaspoon chili powder
- 1/4 cup chopped fresh cilantro
- 2 tablespoons lime juice
- 4 tablespoons butter
- 4 tablespoons flour
- 1 1/2 cups chicken broth
- 1/2 cup salsa verde
- 1 1/2 cups shredded Monterey Jack cheese
- 1 cup sour cream

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 145 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 14 grams
8. Sodium: 860 milligrams
9. Sugar: 4 grams

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