

# Shrimp Avocado Taco Salad

Yield: 4 min  
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-mexican-shrimp-taco-salad-bowl>

## Ingredients:

- 2 tablespoons oil
- 1 pound shrimp medium sized, peeled and deveined
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon garlic powder
- 1 1/2 teaspoons dried oregano
- 1 teaspoon chili powder
- 1 head romaine lettuce chopped
- 1 pint cherry tomatoes sliced
- 1/2 red onion finely sliced
- 1 cup corn kernels yellow
- 1 cup black beans rinsed
- 1/4 cup fresh cilantro minced
- 2 avocados large, diced
- 1 lime
- 1/2 cup ranch dressing
- 1/4 cup salsa

## Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 190 milligrams
4. Fat: 40 grams
5. Fiber: 17 grams
6. Protein: 39 grams
7. SaturatedFat: 5 grams
8. Sodium: 1460 milligrams
9. Sugar: 10 grams

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