

Mexican Shredded Beef Flatbread

Yield: 2 min
Total Time: 580 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-shredded-beef-rub-recipe>

Ingredients:

- 2 1/2 pounds beef shoulder roast boneless arm chuck roast boneless, or boneless blade chuck roast
- 1 onion large, sliced
- 2 tablespoons minced garlic
- 1 1/2 cups salsa or picante sauce
- 2 flatbreads pre-made, I used Flatout brand
- 1/3 cup salsa
- 6 ounces beef Mexican shredded
- 1/4 onion thinly sliced
- 1 jalapeño pepper thinly sliced
- 1 cup mexican blend cheese shredded
- 2 cups romaine lettuce chopped
- 1 small tomato chopped
- 1/2 avocado chopped

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 125 milligrams
4. Fat: 41 grams
5. Fiber: 13 grams
6. Protein: 43 grams
7. SaturatedFat: 19 grams
8. Sodium: 2550 milligrams
9. Sugar: 16 grams
10. TransFat: 1 grams

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