

# Pressure Cooker Shredded Beef Enchiladas

Yield: 10 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-shredded-beef-recipe-pressure-cooker>

## Ingredients:

- 3 pounds beef roast chuck
- 1 1/2 cups beef broth
- 2 tablespoons apple cider vinegar
- 1 cup salsa
- 1 teaspoon ground cumin
- 1 teaspoon chili powder
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 tablespoons cornstarch
- 3 tablespoons water
- 10 flour tortillas 6-inch
- 1 1/2 cups shredded mexican cheese blend

## Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 20 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 1030 milligrams
9. Sugar: 3 grams

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