

Mexican Short Ribs

Yield: 4 min
Total Time: 225 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-short-ribs-recipe>

Ingredients:

- 1/4 cup taco seasoning
- 1/4 cup brown sugar
- 1/2 cup tomato sauce
- 2 inches adobo sauce chilies chipotle, pureed
- 6 beef short ribs
- 2 tablespoons oil for searing
- 1 inch garlic large head of, cut half horizontally
- 3/4 cup red wine
- 1 1/2 cups beef stock
- cilantro leaves, to garnish, optional

Nutrition:

1. Calories: 1500 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 260 milligrams
4. Fat: 131 grams
5. Fiber: 2 grams
6. Protein: 50 grams
7. SaturatedFat: 55 grams
8. Sodium: 700 milligrams
9. Sugar: 14 grams

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