

# Mexican Shepherd's Pie

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-shepherd-s-pie-mexican-style>

## Ingredients:

- 1 pound lean ground beef
- 1 red pepper chopped
- 1/2 onion medium, chopped
- 2 teaspoons taco seasoning to your tastes
- 1/2 teaspoon cumin
- 1 teaspoon salt to your tastes
- 1 cup frozen corn
- 1 1/2 cups salsa
- 6 potatoes medium, diced
- 1/2 cup milk
- 1/4 cup butter
- salt to taste
- 1 cup shredded cheese

## Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 67 grams
3. Cholesterol: 135 milligrams
4. Fat: 28 grams
5. Fiber: 10 grams
6. Protein: 42 grams
7. SaturatedFat: 16 grams
8. Sodium: 1770 milligrams
9. Sugar: 11 grams

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