

Mexican Shepherd's Pie

Yield: 6 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-mexican-shepherd-s-pie-with-cornbread-topping>

Ingredients:

- 2 cups rotisserie chicken or turkey, chopped
- 1/2 cup sliced green onions
- 2 cups corn frozen roasted, I buy at Trader Joe's
- 1 black beans 15 Oz can BUSH'S® Organic, rinsed and drained
- 1 1/2 cups salsa favorite
- salt
- pepper
- 3 cups white cheese Jack or Mozzarella
- 3 cups mashed potatoes leftover, prepared

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 120 milligrams
4. Fat: 7 grams
5. Fiber: 8 grams
6. Protein: 15 grams
7. SaturatedFat: 4 grams
8. Sodium: 1000 milligrams
9. Sugar: 5 grams

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