

# Homemade Chicken Fajita Seasoning

Yield: 4 min  
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-fajita-seasoning>

## Ingredients:

- 1 pound chicken tenders
- 2 cups bell pepper sliced, any color, I used 1 red + 1 yellow
- 1 cup onion sliced, about 1 medium onion
- 2 tablespoons avocado oil or canola
- 1 teaspoon salt
- 1 teaspoon ground cumin
- 1 teaspoon ground coriander
- 1 teaspoon garlic powder
- 2 teaspoons chili powder Mexican
- 1 teaspoon paprika
- 1 teaspoon dried oregano
- 1 teaspoon cayenne optional
- tortillas or taco shells, salad, or lettuce cups, for serving

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 75 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 27 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 850 milligrams
9. Sugar: 4 grams

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