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Quick and Easy Mexican Dip

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-mexican-dip-with-cream-cheese

Ingredients:

- 1 12-oz. package Jimmy Dean sausage (you can use low-fat) Jimmy Dean, you can use low-fat
- 8 ounces cream cheese
- 1 cup salsa

Nutrition:

- 1. Calories: 470 calories
- 2. Carbohydrate: 6 grams
- 3. Cholesterol: 125 milligrams
- 4. Fat: 42 grams
- 5. Fiber: 1 grams
- 6. Protein: 17 grams
- 7. SaturatedFat: 18 grams
- 8. Sodium: 1110 milligrams
- 9. Sugar: 4 grams

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