

Authentic Mexican Salsa Ranchera

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-salsa-ranchera-recipe>

Ingredients:

- 4 tomatoes Roasted
- 1/4 onion Finely Chopped
- 1/2 teaspoon Worcestershire sauce
- 2 cloves garlic Minced
- 1 seeds Jalapeno, and Stem removed
- salt to taste
- 1 teaspoon olive oil
- 1/4 bunch cilantro finely chopped

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 6 grams
3. Fat: 1.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sodium: 210 milligrams
7. Sugar: 4 grams

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