

# One Pot Mexican Skillet Pasta

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-salsa-pasta-recipe-corn-mexican-pasta-skillet>

## Ingredients:

- 1 tablespoon olive oil
- 1 pound ground turkey
- 15 ounces tomato sauce
- 2 cups salsa homemade or store-bought
- 2 cups pasta cooked elbows
- 1 Roma tomato diced
- 1 cup corn kernels
- 1 cup canned black beans rinsed
- 1/2 cup shredded cheddar cheese
- 1 avocado halved, seeded, peeled and diced
- 2 tablespoons cilantro leaves chopped fresh

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 75 milligrams
4. Fat: 20 grams
5. Fiber: 10 grams
6. Protein: 33 grams
7. SaturatedFat: 5 grams
8. Sodium: 1300 milligrams
9. Sugar: 13 grams

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