

Avocado Black Bean Salad with Cilantro Lime Dressing

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-salad-recipe-with-cilantro>

Ingredients:

- 1 sweet potato
- 1 avocado
- 1 cup black beans drained and rinsed
- 1/4 large red onion thinly sliced
- 1 yellow pepper sweet, or colour of your choice
- 2 tablespoons cilantro leaves rough chopped
- cilantro lime dressing

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 22 grams
3. Fat: 8 grams
4. Fiber: 8 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 210 milligrams
8. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Avocado Black Bean Salad with Cilantro Lime Dressing above. You can see more 18 mexican salad recipe with cilantro Unleash your inner chef! to get more great cooking ideas.