

Mexican Salad with Chipotle Dressing

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-salad-recipe-salsa-dressing>

Ingredients:

- 10 Old El Paso Flour Tortillas 6-inch
- 1 head lettuce romain, chopped
- 1 can sweet corn whole kernels
- 1 can black beans rinsed and drained
- 1 pint cherry tomatoes quartered
- 1 orange pepper large, diced
- 1/2 red onion medium, chopped
- 1 tablespoon taco seasoning
- 2 tablespoons salsa
- 3 tablespoons fresh cilantro chopped
- 2/3 cup sour cream light is fine
- 1 tablespoon chipotle in adobo sauce
- 1 fresh lime juiced

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 15 milligrams
4. Fat: 14 grams
5. Fiber: 11 grams
6. Protein: 15 grams
7. SaturatedFat: 6 grams
8. Sodium: 1660 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Mexican Salad with Chipotle Dressing above. You can see more 15 mexican salad recipe salsa dressing Prepare to be amazed! to get more great cooking ideas.