

Rosa's Mexican Rotisserie Chicken Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-rotisserie-recipe>

Ingredients:

- 2 tablespoons canola oil
- 2 poblano peppers chopped
- 1/2 sweet onion chopped
- 3 cups rotisserie chicken shredded or cut into bite sized pieces
- 2 cans Great Northern beans 2-15.8 ounce cans, drained
- 14 3/4 ounces creamed corn 1 can, not drained
- 29 ounces chicken broth 2 cans
- 1/2 teaspoon Mexican oregano or marjoram
- 14 teaspoons chile powder New Mexico or Ancho
- salt
- pepper
- 1/4 cup Sour Cream

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 255 milligrams
4. Fat: 19 grams
5. Fiber: 20 grams
6. Protein: 44 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 740 milligrams
9. Sugar: 6 grams

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