

# Roasted Chickpea Snack

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-roasted-chickpeas-recipe>

## Ingredients:

- 15 ounces chickpeas drained
- olive oil spray
- 1/8 teaspoon kosher salt
- 1/4 teaspoon chili pepper powder
- 1/4 teaspoon ground cumin
- 1/4 teaspoon paprika
- 1/4 teaspoon ground coriander
- 1/4 teaspoon curry powder
- 1/4 teaspoon garlic powder

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 25 grams
3. Fat: 1.5 grams
4. Fiber: 4 grams
5. Protein: 5 grams
6. Sodium: 390 milligrams

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