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Mexican Rice With Stuffed Peppers

Yield: 6 min Total Time: 75 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-with-refried-beans-and-mexican-rice

Ingredients:

- rice [b]Mexican, [/b]
- 2 cups white rice uncooked
- 1 tablespoon olive oil
- 1/2 jalapeno sliced
- 10 ounces diced tomatoes with peppers with liquid
- 4 cups chicken broth or stock
- stuffed peppers [/b]
- 2 bell peppers large, cut in half lengthwise and seeded
- 16 ounces refried beans
- 1/2 cup cheese shredded Mexican-blend

Nutrition:

- 1. Calories: 410 calories
- 2. Carbohydrate: 69 grams
- 3. Cholesterol: 10 milligrams
- 4. Fat: 8 grams
- 5. Fiber: 6 grams
- 6. Protein: 15 grams
- 7. SaturatedFat: 2.5 grams
- 8. Sodium: 450 milligrams
- 9. Sugar: 2 grams

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