

Mexican Rice Bowl

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/mcmenamins-jamaican-rice-bowl-recipe>

Ingredients:

- rice Cilantro Lime
- black beans
- diced tomatoes
- diced red onion
- chopped cilantro
- avocado slices
- fresh lime juice

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 16 grams
3. Fat: 2.5 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. Sodium: 130 milligrams
7. Sugar: 2 grams

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