

Basic Mexican Rice

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/rotel-tomatoes-mexican-rice-recipe>

Ingredients:

- 2 tablespoons canola oil
- 1/2 whole onion Large, Chopped
- 2 cups long grain rice
- 3 cloves garlic Minced
- 1 can rotel Diced Green Chilies And Tomatoes, 10 Ounce Can
- 1 can tomatoes Whole, 14.5 Ounce Can
- 2 cups low sodium chicken broth more If Needed
- 1 teaspoon cumin more To Taste
- 1 teaspoon kosher salt
- fresh cilantro Chopped

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 56 grams
3. Fat: 6 grams
4. Fiber: 2 grams
5. Protein: 7 grams
6. Sodium: 430 milligrams
7. Sugar: 4 grams

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