

Instant Pot Mexican Rice with Corn and Black Beans

Yield: 7 min
Total Time: 9 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-rice-black-beans-corn-recipe>

Ingredients:

- 2 cups long grain rice
- 1 tablespoon vegetable oil
- 1 cup salsa
- 2 cups water
- 1/4 teaspoon garlic powder
- 1/4 teaspoon ground cumin
- 14 ounces black beans
- 14 ounces corn
- 2 fresh tomatoes chopped
- 1 lime
- salt
- pepper

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 69 grams
3. Fat: 3 grams
4. Fiber: 8 grams
5. Protein: 10 grams
6. Sodium: 570 milligrams
7. Sugar: 4 grams

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