

# Mexican Rice and Bean Soup

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-rice-and-bean-soup-recipe>

## Ingredients:

- 2 tablespoons vegetable oil
- 1 tablespoon tomato paste
- 1 cup rice
- 1 teaspoon salt
- 1/2 teaspoon smoked paprika
- 1/2 teaspoon chili powder chipotle
- 1/2 teaspoon ancho chili powder
- 1/2 teaspoon garlic powder
- 1/4 teaspoon cayenne pepper
- 1/2 lime juiced
- 15 ounces black beans drained
- 4 cups chicken broth
- 1/2 cup salsa I used Jardines Campfire Salsa

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Fat: 9 grams
4. Fiber: 9 grams
5. Protein: 13 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 1300 milligrams
8. Sugar: 2 grams

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