

# Creamy Turkey and Wild Rice Soup {Slow Cooker}

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/rice-a-roni-mexican-recipe-ideas>

## Ingredients:

- 4 cups chicken broth
- 2 cups water
- 4 5/16 ounces Rice-A-Roni Long Grain and Wild Rice
- 1 cup carrots diced
- 1 cup diced celery
- 1/2 teaspoon salt
- pepper to taste
- 1/2 cup flour
- 1/4 cup butter
- 2 cups milk
- 2 cups turkey cooked and shredded, or chicken

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 40 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 13 grams
7. SaturatedFat: 5 grams
8. Sodium: 310 milligrams
9. Sugar: 5 grams

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