

Mexican Restaurant White Cheese Dip

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-white-dip-at-mexican-restaurants>

Ingredients:

- 1 1/4 white American cheese 1.25 lb block, Land O'Lakes brand preferred, cut into 1-inch cubes
- 2/3 cup whole milk
- 1/2 cup cold water
- 1/4 cup diced green chiles from a can
- 2 pickled jalapenos chopped
- 1 ounce juice pickled jalapeno
- 1 pinch cumin optional

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 30 milligrams
4. Fat: 6 grams
5. Protein: 19 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 1060 milligrams
8. Sugar: 3 grams

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