

Steak Fajita Quesadillas

Yield: 5 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-steak-fajita-recipe>

Ingredients:

- 1 tablespoon extra-virgin olive oil divided
- 1/2 pound white button mushrooms sliced
- 1 onion Medium, sliced in half moons
- 1 red pepper Medium, sliced
- 3 cloves garlic crushed
- 1 pound steak 1 pound, I used a sirloin, cooked and cubed
- 1 cup cheddar cheese grated old
- 4 whole wheat quesadilla, tortilla shells
- salt
- pepper

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 25 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 5 grams
8. Sodium: 300 milligrams
9. Sugar: 3 grams

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