

Shrimp Quesadilla

Yield: 1 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-quesadilla-recipes>

Ingredients:

- 1/4 pound shrimp medium-small raw, peeled and deveined
- 1/4 teaspoon chipotle powder or chili powder
- 1 pinch salt
- 1 pinch pepper
- 1 tablespoon lime juice
- 2 1/2 teaspoons olive oil divided, 2 teaspoons and 1/2 teaspoon
- 1 tablespoon red onion chopped
- 1 tablespoon chopped fresh cilantro plus more for garnish
- salt
- pepper
- 2 flour tortillas medium-sized
- 1/2 cup shredded Monterey Jack cheese
- 1/4 avocado sliced
- sour cream Dollop of, or crema fresca

Nutrition:

1. Calories: 890 calories
2. Carbohydrate: 63 grams
3. Cholesterol: 240 milligrams
4. Fat: 52 grams
5. Fiber: 9 grams
6. Protein: 47 grams
7. SaturatedFat: 19 grams
8. Sodium: 2170 milligrams
9. Sugar: 5 grams

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