

Loco Pollo- El Pollo Loco Chicken

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-restaurant-pollo-loco-recipe>

Ingredients:

- 1/4 cup corn oil
- 1/4 cup melted butter
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder
- 1/4 teaspoon ground cumin
- 2 teaspoons lemon juice
- 3 pounds chicken breasts

Nutrition:

1. Calories: 310 calories
2. Cholesterol: 125 milligrams
3. Fat: 18 grams
4. Protein: 36 grams
5. SaturatedFat: 6 grams
6. Sodium: 240 milligrams

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