

# 5 Minute Nacho Cheese Sauce

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/nachos-cheese-sauce-recipe-indian>

## Ingredients:

- 2 tablespoons butter \$0.22
- 2 tablespoons flour \$0.02
- 1 cup whole milk \$0.30
- 6 ounces medium cheddar shredded, about 1.5 cups \$2.25
- 1/4 teaspoon salt \$0.02
- 1/4 teaspoon chili powder \$0.02

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 65 milligrams
4. Fat: 22 grams
5. Protein: 13 grams
6. SaturatedFat: 14 grams
7. Sodium: 480 milligrams
8. Sugar: 3 grams

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