

# Nachos with Ground Beef

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/best-mexican-restaurant-ground-beef-recipe>

## Ingredients:

- 1 pound ground beef
- 1 Ortega Taco Seasoning packet
- 1/2 cup water
- 6 ounces tortilla chips restaurant style
- 6 tablespoons cheese sauce queso
- 1 cup shredded cheddar
- 1/3 can black beans
- 1/4 cup diced tomatoes
- 1/2 cup shredded lettuce
- 1/4 cup sour cream
- 1/4 cup salsa
- 1 avocado mashed
- 1 tablespoon lime juice
- 1 tablespoon sour cream
- 1 teaspoon garlic powder
- 3 tablespoons salsa

## Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 145 milligrams
4. Fat: 57 grams
5. Fiber: 10 grams
6. Protein: 44 grams
7. SaturatedFat: 21 grams
8. Sodium: 920 milligrams
9. Sugar: 4 grams
10. TransFat: 1.5 grams

Thank you for visiting our website. Hope you enjoy Nachos with Ground Beef above. You can see more 20 best mexican restaurant ground beef recipe Ignite your passion for cooking! to get more great cooking ideas.