

Abuelo's Mexican Restaurant Chicken Tortilla Soup

Yield: 1 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-restaurant-chicken-recipe>

Ingredients:

- 1 tablespoon butter oil
- 1 yellow onion diced
- 3 cloves garlic minced
- 2 cans diced tomatoes with juice no salt added
- 2 tablespoons cumin
- 1 1/2 tablespoons sea salt
- 2 teaspoons freshly ground black pepper
- 2 teaspoons cayenne pepper
- 1 pound chicken breasts trimmed and butterflied
- 2 low sodium chicken broth cartons
- 1 avocado peeled, pit removed, and diced, to serve
- mexican blend cheese Shredded Cheddar Cheese, or other Cheese, of choice, for serving
- sour cream for serving
- tortilla strips for serving