## RecipesCh@~se

## Mexican restaurant cheese dip

Yield: 4 min Total Time: 55 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-restaurant-cheese-dip-recipe

## **Ingredients:**

- 1/4 pound white American cheese
- 1/2 tablespoon unsalted butter
- 2 tablespoons whole milk
- 1 tablespoon jalapeno pepper finely chopped
- 1 pinch garlic powder
- 1 pinch cumin
- 1 pinch cayenne peppers
- salt to taste

## **Nutrition:**

Calories: 70 calories
Carbohydrate: 2 grams
Cholesterol: 15 milligrams

4. Fat: 3.5 grams5. Protein: 7 grams6. SaturatedFat: 2 grams

7. Sodium: 600 milligrams

8. Sugar: 1 grams

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