

Paleo Spicy Mexican Stuffed Poblanos

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-italian-bread-with-ground-beef-recipe>

Ingredients:

- 6 poblano peppers seeded
- 1 pound ground beef
- 1/2 yellow onion diced
- 3 cloves garlic minced
- 6 ounces tomato paste
- 6 ounces green chiles diced
- 1 tablespoon hot sauce Cholula, or other
- 1/2 tablespoon garlic powder
- 1/4 teaspoon ground red pepper
- 1/8 teaspoon paprika
- salt to taste
- pepper to taste
- fat of choice, for cooking

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 95 milligrams
4. Fat: 23 grams
5. Fiber: 4 grams
6. Protein: 25 grams
7. SaturatedFat: 11 grams
8. Sodium: 750 milligrams
9. Sugar: 8 grams
10. TransFat: 1 grams

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