

# Spicy Beef Fajita Burgers

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-restaurant-beef-fajita-recipe>

## Ingredients:

- 2 pounds ground beef
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 teaspoon dried oregano
- 1/2 teaspoon cumin
- 1/2 teaspoon chili powder
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1 teaspoon olive oil
- 1 cup cheddar cheese shredded strong
- 1/2 cup salsa restaurant style Mexican, or your favorite, more or less to taste
- 2 Hass avocados small, thinly sliced
- 4 toasted buns your choice
- 2 tablespoons sour cream more or less to taste
- jalapeños sliced
- chopped fresh cilantro
- corn chips crumbled
- red onions sliced

## Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 190 milligrams
4. Fat: 61 grams
5. Fiber: 9 grams
6. Protein: 54 grams
7. SaturatedFat: 23 grams
8. Sodium: 830 milligrams
9. Sugar: 4 grams

10. TransFat: 2.5 grams

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