

Pinto Bean Tacos with Cabbage Slaw and Feta

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-refried-pinto-beans-recipe>

Ingredients:

- 1 can pinto beans whole, drained and rinsed
- 1 can refried pinto beans
- 2 cups chopped tomatoes
- 3 cups cole slaw mix
- 1 lime
- hot sauce splash of Tapatio or other
- 1 teaspoon honey
- 1 tablespoon olive oil
- 4 ounces feta cheese crumbled by hand
- corn tortillas Taco sized
- greek yogurt
- cilantro
- salsa
- guacamole

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 35 milligrams
4. Fat: 13 grams
5. Fiber: 10 grams
6. Protein: 17 grams
7. SaturatedFat: 6 grams
8. Sodium: 1090 milligrams
9. Sugar: 9 grams

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