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Red Snapper Veracruz

Yield: 4 min Total Time: 95 min

Recipe from: https://www.recipeschoose.com/recipes/mexican-red-snapper-veracruz-style-recipe

Ingredients:

- 1 1/2 pounds filet red snapper, 2 filets
- salt
- 2 lime divided
- 2 tablespoons extra-virgin olive oil
- 1 white onion peeled and chopped
- 6 garlic cloves peeled and chopped
- 2 tablespoons capers rinsed
- 2 tablespoons liquid caper
- 2 tomatoes large, chopped
- 1/3 cup green olives large, pitted and chopped
- 2 jalapeno chilies fresh, seeded and sliced into slivers
- 2 teaspoons fresh oregano chopped
- 2 teaspoons chopped fresh cilantro finely

Nutrition:

Calories: 130 calories
Carbohydrate: 14 grams

3. Fat: 9 grams4. Fiber: 4 grams5. Protein: 2 grams

6. SaturatedFat: 1 grams7. Sodium: 500 milligrams

8. Sugar: 4 grams

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