

# Mexican Skillet

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/queso-blanco-recipe-with-mexican-cheese>

## Ingredients:

- 1 package rice banza, or 1 cup of any rice
- 8 ounces tomato sauce
- 1/2 bunch cilantro
- 1 bag frozen corn
- 1 teaspoon chilli powder
- 1 teaspoon cumin
- 1 lime
- 1 can diced tomatoes and green chilies
- 1 poblano pepper leave out if you want less spice
- 1 can black beans drained
- 1 cauliflower rice frozen bag
- 2 cloves garlic
- queso optional
- cheese optional
- pico de gallo optional
- salsa optional
- avocado optional
- shredded lettuce optional

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 10 milligrams
4. Fat: 7 grams
5. Fiber: 15 grams
6. Protein: 15 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 790 milligrams
9. Sugar: 11 grams

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