

# Sopa de Chile Poblano (Poblano Chile Soup)

Yield: 6 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-style-strawberries-and-cream-recipe>

## Ingredients:

- 2 pounds poblano chiles
- 6 tablespoons unsalted butter
- 1 white onion large, roughly chopped
- 1 rib celery roughly chopped
- 1 medium carrot roughly chopped
- 4 ounces spinach roughly chopped
- 1/3 cup parsley minced
- 4 cups chicken stock
- 2 cups milk
- 1 cup heavy cream
- kosher salt
- freshly ground black pepper
- 1/2 cup crema or sour cream
- 1 serrano chile stemmed, seeded, and minced
- fried tortilla strips to garnish, optional