

# Beef burritos with Mexican rice

Yield: 4 min  
Total Time: 155 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-recipe-chili-beef-burritos>

## Ingredients:

- 4 tortillas large
- 1 pound beef quality
- 1 cup orange juice
- 1 teaspoon lemon juice
- 1 teaspoon paprika powder
- 1 teaspoon garlic powder
- 1 teaspoon oregano
- 1 teaspoon basil
- 1 teaspoon cumin
- 3 tablespoons olive oil
- 1 onion
- 3 minced garlic
- 1 cup tomato sauce
- stock cube
- 1 cup water
- 1 cup shredded cheese optional
- rice Mexican
- chili beans

## Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 110 milligrams
4. Fat: 44 grams
5. Fiber: 5 grams
6. Protein: 37 grams
7. SaturatedFat: 16 grams
8. Sodium: 970 milligrams
9. Sugar: 14 grams

10. TransFat: 1 grams

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