

Arugula Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-recipe-arugula>

Ingredients:

- 4 cups arugula
- 1 pint raspberries
- 1/4 cup apple cider vinegar
- 1/2 cup olive oil
- 2 tablespoons raspberry jam

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 17 grams
3. Fat: 28 grams
4. Fiber: 6 grams
5. Protein: 1 grams
6. SaturatedFat: 4 grams
7. Sodium: 10 milligrams
8. Sugar: 8 grams

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