

Punjabi Rajma

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-indian-rajma-recipe>

Ingredients:

- 2 cups rajma Red Kidney Beans
- 1 teaspoon jeera cumin seeds
- 3 tablespoons masala Onion Tomato
- 2 teaspoons coriander powder sukha dhaniya
- 1 teaspoon red chili powder
- 1 1/2 teaspoons garam masala Powder
- 3 tablespoons oil

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 64 grams
3. Fat: 13 grams
4. Fiber: 17 grams
5. Protein: 23 grams
6. SaturatedFat: 1 grams
7. Sodium: 20 milligrams
8. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Punjabi Rajma above. You can see more 15 simple indian rajma recipe Try these culinary delights! to get more great cooking ideas.