

# Mini Mexican Quiche

Yield: 24 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-mexican-quiche-recipe>

## Ingredients:

- butter softened
- cream cheese softened
- all-purpose flour
- cheddar cheese
- chopped green chilies
- large eggs
- heavy whipping cream
- kosher salt
- freshly ground black pepper
- taco sauce or salsa, for serving
- 1/2 cup butter softened
- 3 ounces cream cheese softened
- 1 cup all-purpose flour
- 1 cup cheddar cheese shredded
- 4 ounces chopped green chilies
- 2 large eggs
- 1/2 cup heavy whipping cream
- 1/2 teaspoon kosher salt
- 1/4 teaspoon freshly ground black pepper
- taco sauce or salsa for serving

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 60 milligrams
4. Fat: 11 grams
5. Protein: 3 grams
6. SaturatedFat: 7 grams
7. Sodium: 190 milligrams

8. Sugar: 1 grams

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