

Queso Mexican Cheese Dip

Yield: 2 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-mexican-queso-recipe>

Ingredients:

- 1 tablespoon butter
- 1/4 cup onion finely chopped
- 1 tablespoon garlic minced
- 1/4 cup tomato diced
- 1 jalapeño pepper finely chopped
- 1 tablespoon cornstarch
- 1 1/2 cups heavy cream
- 2 cups cheddar cheese or Mexican cheese, shredded
- 1/2 teaspoon salt or to taste
- 1/4 teaspoon ground black pepper or to taste
- 2 tablespoons fresh cilantro finely chopped, optional for garnish

Nutrition:

1. Calories: 1290 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 430 milligrams
4. Fat: 123 grams
5. Fiber: 1 grams
6. Protein: 33 grams
7. SaturatedFat: 77 grams
8. Sodium: 1420 milligrams
9. Sugar: 3 grams

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