

# Queso Fundido aka Mexican Fondue

Yield: 8 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-queso-fundido-or-mexican-fondue-recipe>

## Ingredients:

- 3 pounds winter squash : sugar pumpkin, butternut etc.
- 8 ounces chorizo sausage raw Mexican, not the dried Spanish link type
- 4 ounces diced green chiles can fire roasted, mild or hot
- 2 tablespoons flour
- 1 1/2 cups chicken broth
- 8 ounces mozzarella shredded, two cups, not preshredded, the additives will mess up the texture
- 4 ounces jack Monterrey, shredded, 1 cup
- jalapeno optional
- fresh cilantro optional
- scallions optional
- tortilla chips Serve with: sturdy, or veggies for dipping

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 60 milligrams
4. Fat: 23 grams
5. Fiber: 4 grams
6. Protein: 20 grams
7. SaturatedFat: 10 grams
8. Sodium: 690 milligrams
9. Sugar: 4 grams

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