

Empanada Dough

Yield: 24 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-empanadas-dough-recipe>

Ingredients:

- 2 cups all-purpose flour plus more for work surface
- 3/4 cup cornmeal fine, or masa harina
- 2 teaspoons sugar
- 1/2 teaspoon salt
- 3 tablespoons vegetable shortening
- 2 large egg yolks

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 15 milligrams
4. Fat: 2.5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 50 milligrams

Thank you for visiting our website. Hope you enjoy Empanada Dough above. You can see more 18 peruvian empanadas dough recipe Delight in these amazing recipes! to get more great cooking ideas.