

Smoky Mexican Pulled Chicken

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pulled-chicken-recipe-ideas>

Ingredients:

- 1 pound chicken breasts and/or thighs
- 1 tablespoon smoked paprika
- 1 teaspoon ground coriander
- 1 teaspoon ground cumin
- 3 garlic cloves finely chopped
- salt
- pepper
- 3 tablespoons olive oil plus more for skillet
- 1 lime

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 75 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 330 milligrams
9. Sugar: 1 grams

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