

Slow Cooker Mexican Shredded Beef Tacos

Yield: 18 min
Total Time: 490 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-pulled-beef-recipe-slow-cooker>

Ingredients:

- 1 tablespoon paprika
- 2 tablespoons chili powder
- 1 teaspoon ground cumin
- salt
- pepper
- 3 pounds beef chuck or brisket, cut into 4 pieces
- 3 garlic cloves minced
- 1 onion sliced
- 1/2 cup orange juice
- 3 chipotle peppers in adobo chopped
- 14 ounces diced tomatoes can petit
- 2 cups beef stock
- salt
- pepper

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 50 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 16 grams
7. SaturatedFat: 5 grams
8. Sodium: 200 milligrams
9. Sugar: 2 grams

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