

# Mexican Corn Salad

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/tasty-mexican-corn-recipe>

## Ingredients:

- 4 cups corn Frozen, Thawed and drained
- 2 jalapenos De-seeded, Finely chopped
- 1/2 cup onion Finely chopped
- 3 tablespoons cilantro Finely chopped
- 2 tablespoons olive oil
- 2 tablespoons lime juice Or lemon juice
- salt To taste
- pepper To taste
- 1/2 teaspoon paprika
- 1/3 cup cotija Cheese, or Feta or Mozzarella, Shredded

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Fiber: 4 grams
6. Protein: 5 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 240 milligrams
9. Sugar: 4 grams

---

Thank you for visiting our website. Hope you enjoy Mexican Corn Salad above. You can see more 15 tasty mexican corn recipe Cook up something special! to get more great cooking ideas.